### QUESTIONS THAT NEED TO BE ANSWERED DURING SESSION ON ANIMAL HANDLING, ANESTHESIA AND VIVARIUM PROCEDURES



- 1. Do I need an official animal course to start imaging animals with MR? If so, when and where I can take such a course?
- 2. How do I apply for permission to perform experiments involving animals?
- 3. How do I get an account on FOTS (http://www.fdu.no/fdu/)?
- 4. Who do I get in touch with regarding care and storage of animals in Vivarium?
- 5. What do I need to know/do before bringing animals into Vivarium?
- 6. What do I need to know when keeping animals in Vivarium? (Do I need to check on the animals regularly, if so, how often, do I need to feed them and give them water?)
- 7. What do I need to do when taking animals from the storage room to the MRI room?
- 8. What do I do with animal remains? Where do you store them?
- 9. What kind of safety protection I need to use when handling animals in Vivarium/MRI room?
- 10. What is the dress code in Vivarium?
- 11. What if I am allergic to animals?
- 12. What kind of anesthesia you use when scanning animals with MR?
- 13. How do I operate the anesthesia apparatus?
- 14. What shall I do if I notice there is no gas (oxygen or  $NO_2$ ) in the gas lines?
- 15. How do you keep animals warm while anesthetized?
- 16. I need to cannulate the vein of the mouse/rat. Who can teach me this procedure?
- 17. I am afraid of handling animals, especially rats. What shall I do to overcome this fear?
- 18. I would like to take a lunch break and do not want to eat in the MRI room. Where can I eat/drink coffee?

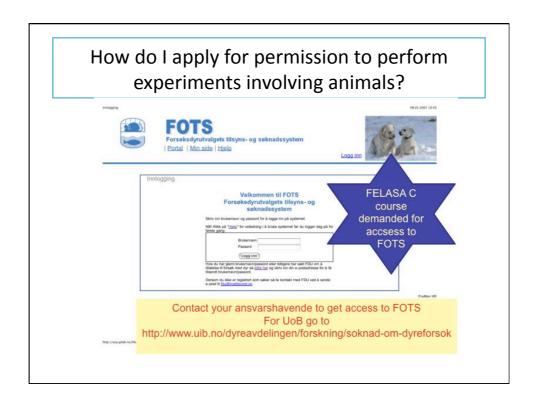
## Do I need an official animal course to start imaging animals with MR?

- §13 Planning and conducting an experiment.
- "Persons who conduct or plan experiments must have received a form of training approved by the Mattilsynet"
- (Regulation on Animal Experimentation)

### If so, when and where I can take such a course?



http://www.uib.no/dyreavdelingen/utdanning/forsoksdyrlaere-kurs

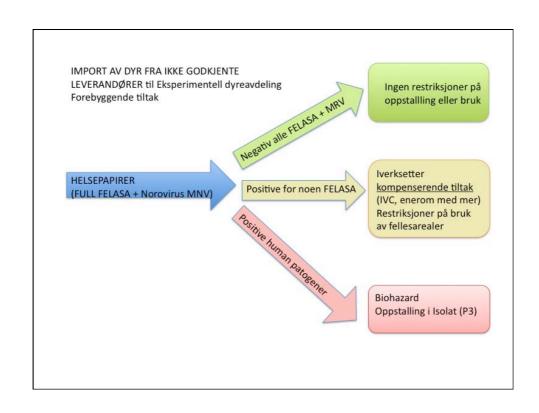


Who do I get in touch with regarding care and storage of animals in Vivarium?

- Contact "driftsansvarlig"
  - Gry.bernes@ffhs.uib.no
  - This will also be clarified in "project upstart meeting"

# What do I need to know/do before bringing animals into Vivarium?

- If you bring animals from another animal facility you need
  - Approved application in FOTS including MRI investigation
  - Permission to take in animal from university veterinarian (Aurora Brønstad) to take in animals.
     Health certificate might be requested.
  - Agreement with "drfitsansvarlig" Gry Bernes were to store animals (capacity demands, place, human resources)
  - All animals must be ordered and registered in "Hotel" for reporting to authorities



What do I need to know when keeping animals in Vivarium? (Do I need to check on the animals regularly, if so, how often, do I need to feed them and give them water?)

- § 12. Care and supervision of animals
- .....Animals must be inspected daily, ...., and as often as necessary. .. a shift system must be established ... outside of normal working hours.
- 2 times a day? 4 times a day? every hour ??depend on how the experiment influence animals conditions
- Animals care staff inspect animals once a day, they check that bedding is dry and that they have food and water + no signs of disease
- If more frequent inspection is necessary, that is the responsibility of the researcher who must be available and respond on request!!
- In case of no respond the animals will be euthanaized
- This will also be clarified in "project upstart meeting"
- Pilot experiments Determine required frequency of animal observation
- Se also lecture on humane endponits
  - http://www.uib.no/dyreavd/handouts/HEP.pdf

What do I need to do when taking animals from the storage room to the MRI room?

- (internal transport in Vivarium)
- Animal must be put in transport cage and covered to protect against spread of allergens
- Only use "dirty" elevator in Vivarium
- All transport of animals must be clarified with animal care staff

## What do I do with animal remains? Where do you store them?

 Animal carcasses and organs should be put in freezer in Vivarium 4 floor

What kind of safety protection I need to use when handling animals in Vivarium/MRI room?

What is the dress code in Vivarium?

- change coat and shoes is mandatory when enter the animal facility
- change pants and shirt every time you work directly with animals
- For best protection we recommend
  - use gloves, face mask and hood
  - you find clothes in the wardrobe
  - take a shower before you go home (family members can become allergic to!!)
  - Use can also buy M3 mask from Vivarium for better protection

#### What if I am allergic to animals?

- Follow the dress code very strictly
- Contact the occupational health service ("Bedriftshelsetjeneten") at UiB
- http://www.uib.no/hms/en



## What kind of anesthesia you use when scanning animals with MR?

- Choice of anesthesia product
  - Scientific and animal-welfare considerations:
  - The anesthesia products potential interaction with the research-protocol
  - Ability to give satisfying degree of anesthesia
- Other factors
  - Reliability in use with other equipment
  - Competence
  - Costs
- MRI lab is arranged for use if Isoflurane

#### Anesthesia

- Repeated imaging of same animal
  - Repeated anesthesia stress
  - Animal disease status



- IMPORTANT: Refine anesthesia protocol

#### The ideal anesthesia

- Reversible and controlled loss of consciousness
- "No" mortality
- Safe for the patient and for the operator
- Undisturbed physiology/vital functions
- Minimal homeostatic changes
- Optimal conditions for surgery
- Relief of pain, stress and discomfort
- · Easily administered

## How do I operate the anesthesia apparatus?

- This is topic for a separate course
- Will be demonstrated on the lab

### What shall I do if I notice there is no gas (oxygen or NO2) in the gas lines?

- Contact <u>kai.brandt@ffhs.uib.no</u> or telephone 73791
- Stop planned anesthesia until problem is solved
- Consider to use alternative anesthesia (injectable anesthetics)

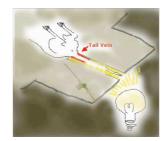
### How do you keep animals warm while anesthetized?

- Incubator (before and after anesthesia)
- · Wrap in isolating material
- Use heating blanked (Circulating water)



### I need to canulate the vein of the mouse/rat. Who can teach me this procedure?

- Here are some advice Injection in tail vein
- · Place the animal in an incubator
- (32-34°C) for 20 min
- Cause dilatation of the vein
- Use lamp to transluce the tail and vein through the cleft and to maintain heating of tail
- Turn of light in the room to enhance contrast
- Insert venflon (yellow 24G) in tail vein
- Fix venflon to tail with adhesive tape
- For further help: Contact technicians at Vivarium or an experienced collogue



I am afraid of handling animals, especially rats.
What shall I do to overcome this fear?

- Practice more!!
- Start with handling anesthetized animal
- Use positive reinforcement in rat handling
- Work together with experienced animals technician until you feel you have enough experience to handle them your self

### I would like to take a lunch break and do not want to eat in the MRI room.

#### Where can I eat/drink coffee?

- It is not allowed to eat or drink coffee in animal room, in MRI room or any other laboratories!!
- The MR control room (3023) is not defined a laboratory you can ear and drink here
- You can have your meals in lunch room on 4 floor.
- You can eat your lunch in guest office on 3.floor (3039) (as long as it is not used by others)
- The MRI lab is small and work is very intensive. Ventilation is not very good and there is no direct daylight.
- Plan you day so you get some rest, some fresh air and stretch your legs and shoulders.
- Get time enough for food, drink (2 cl/hours) and recover.